

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
7:00	Early Bird Swim				Pool Closed	Pool Closed		7:00	
7:30								7:30	
8:00	Maintenance and Team Practices				Adult Swim			8:00	
8:30							8:30		
9:00	Swimming Lessons				Maintenance	Early Bird Swim		9:00	
9:30							9:30		
10:00	Swimming and Diving Lessons				Staff Training	Funtime Swim		10:00	
10:30									10:30
11:00	Aquafit - Waterpolo Lessons - Parents and Tots								11:00
11:30	Aquafit - Synchro Lessons						11:30		
12:00	Swim Team Practice							12:00	
12:30								12:30	
13:00	Synchro and Adult Swim	Diving and Adult Swim	Synchro and Adult Swim	Diving and Adult Swim	Synchro and Adult Swim			13:00	
13:30								13:30	
14:00	Free Swim					Free Swim		14:00	
14:30								14:30	
15:00								15:00	
15:30								15:30	
16:00								16:00	
16:30								16:30	
17:00	Waterpolo and Free Swim	Free swim			Waterpolo and Free swim			17:00	
17:30								17:30	
18:00	Free Swim							18:00	
18:30						18:30			
19:00						19:00			
19:30						19:30			
20:00								20:00	
20:30	Masters	Adult Swim (all week)			Master	Adult Swim		20:30	
21:00		Pool Closed				Pool Closed		21:00	